



# ELENA'S

## kitchen & catering

6620 Madison Ave. Carmichael, CA 95608

Tel. 916-750-5036

[elenaskitchenandcatering@gmail.com](mailto:elenaskitchenandcatering@gmail.com)

[www.elenas-kitchen.com](http://www.elenas-kitchen.com)

### **Prices & Fees**

\$20.50 PER PERSON + Tax (50 or more people)

\$22.50 PER PERSON + Tax (20 - 49 people)

Additional \$1.50 per person for Sunday Events

Additional \$1.50 per person for Events after 5:30

\*See more at the end of the menu

## *VEGETARIAN MENU*

*Vegan options are noted*

### *Choose 4 Hot Dishes*

- Mashed Potatoes with Mushroom Gravy
- Yellow Potatoes Topped with Cheese, Green onions
- Italian Style Roast Potatoes (sprinkled w/parmesan cheese)  
(vegan without cheese)
- German Style Roast Potatoes (drizzled w/garlic oil) (vegan)
  - Potato & green beans (Vegan)
  - Vegetarian Cabbage Rolls (vegan upon request)
    - Chow Mein
  - Lemon herb pasta (penne or rotini vegan option)  
(Angel hair pasta in a lemon, herb, garlic, olive oil garnished with fresh parsley)
  - Four Cheese Ravioli (Alfredo Sauce or Red Sauce)
  - Mushroom Ravioli (Alfredo Sauce or Red Sauce)
  - Tomato Basil Spinach Pasta: Angel Hair or Penne Pasta  
(burst cherry tomatoes, basil, fresh spinach & sprinkled with parmesan cheese)  
(penne or rotini pasta for vegan option and omit cheese)
  - Spinach Mushroom Penne Pasta (Vegan upon request)  
(in sun dried tomato cream)
    - Impossible Pasta (vegan)
    - Pecan Patties with gravy
  - Cauliflower & Beet Cutlets (vegan)

- Baked Mushroom Rice
- Basmati Rice with Veggies (vegan)
  - Wild rice pilaf (vegan)
- Garlic Mushroom Cauliflower Skillet (vegan)
  - Ratatouille (vegan)
- Shepherd's Pie (vegan upon request)  
(beyond beef fiesta crumbles, carrots, peas, corn & potatoes)
  - Beyond Beef Lasagna
  - Vegetarian Lasagna
  - Beyond Italian Hot Sausage
  - Beyond Sausage Brat Links

### *Choose 4 Cold Dishes*

- Orzo Salad  
*(orzo pasta, bell peppers, olives, red onions, zucchini & fresh spinach)*
- Zucchini Pasta Salad (vegan)  
*(penne pasta, zucchini, bell peppers, red onions, tomatoes & pesto sauce)*
- Mexican Beyond Beef Taco Salad  
*(Romaine & iceberg lettuce, beyond beef fiesta crumbles, corn, black beans, cherry tomatoes, cheese & tortilla strips with taco ranch dressing)*
- Asian Style Salad (vegan)  
*(Napa cabbage, edamame, carrot, almond, sesame seed dressing)*
- Marinated Mushrooms (vegan)
- Marinated Eggplants (vegan)
- Eggplants with Red Pepper Salsa (vegan)
- Eggplant & Tomato Stacks with Cheese & Mayonnaise
  - Korean Carrot Salad (vegan)
  - Caprese Salad  
*(Cherry Tomatoes, Mozzarella Pearls, Basil with Balsamic Dressing)*
- Cucumber & Dill Salad with oil & vinegar (vegan)
- Fresh Cucumber & Cherry Tomato Salad (vegan)
  - Marinated Cabbage Salad (vegan)  
*(Cabbage, Onion Red Pepper & Carrots)*
  - Fresh Cabbage Salad (Vegan)  
*(Cabbage, Dill, Parsley, Cucumber, Green Onion, Oil Dressing)*
  - Mixed Cabbage Salad (vegan)  
*(Mix of Cabbage, Red Bell Pepper, Carrots, & Oil Dressing)*
- Broccoli Salad *Signature Salad*  
*(Broccoli, Red Onion, Dried Cranberries, Broccoli Slaw, Sunflower Seed with Mayo Dressing)*

- Cranberry Almond Broccoli Salad  
(*Broccoli, Red Onion, Dried Cranberries, Sliced Almonds with Citrus Poppyseed Dressing*)
- Apple Broccoli Salad (vegan)  
(*Broccoli, Apples, red onions, sweetened dry cranberries, sunflower seeds with apple cider vinaigrette*)
- Beetroot and Feta Cheese Salad  
(*Large diced beets, arugula & feta cheese garnished with oranges & yogurt dressing*)
- Balsamic Beet Salad (vegan)  
(*Large diced beets, arugula, oranges, & almonds with balsamic vinaigrette*)
- Beet Salad with Almonds (*Oil dressing*) (vegan)
- Strawberry Almond Spinach Salad (*Poppyseed Dressing*)
- Cranberry Almond Spinach Salad (*Sesame Seed Dressing*) (vegan)
- Mexican Chopped Salad (vegan)  
(*Bell Pepper, Black Beans, Corn, Cilantro, Zucchini, Red onion, Romaine Lettuce with Citrus Dressing*)
- Caesar Salad  
(*Romaine Lettuce, Parmesan Cheese, Croutons & Caesar Dressing*)
- Olive Garden Style Salad  
(*Iceberg & Romaine Lettuce, Carrots, Tomatoes, Cucumbers, Olives, Red Onion, Pepperoncini, Parmesan Cheese, Croutons, & Italian Dressing*)
- Greek Salad  
(*Spring Mix or Romaine Lettuce, Cherry Tomatoes, Cucumbers, Olives, Red Onions, Feta Cheese & Greek Dressing*)
- Balsamic Soy Garlic Roasted Mushrooms and Green Beans (vegan)

## *Cocktail Hour Appetizers*

Sold by piece and requires a minimum of 3 dozen per item chosen

- Stuffed Mushrooms (vegan) - \$1.00
- Green Mix Salad Cups (vegan) - \$1.25
- Impossible Meatballs (vegan)- \$1.50
- Samsa (spinach & cream cheese) - \$1.50
- Mini veggie croissant sandwiches - \$1.50
- Caprese Skewers (tomato & mozzarella) - \$1.50
- Blackberry Caprese Skewers (blackberry & mozzarella) - \$1.50
  - Fruit Skewers (vegan) \$1.50
  - Vegan Sausage rolls - \$2.00
  - Mexican Cocktail (vegan) - \$2.50

\*All food is served in disposable aluminum trays unless otherwise requested  
 12% fee for Chafing dishes and serving utensils (deposit required)  
 Delivery Fee Will be Quoted with Each Individual Order